

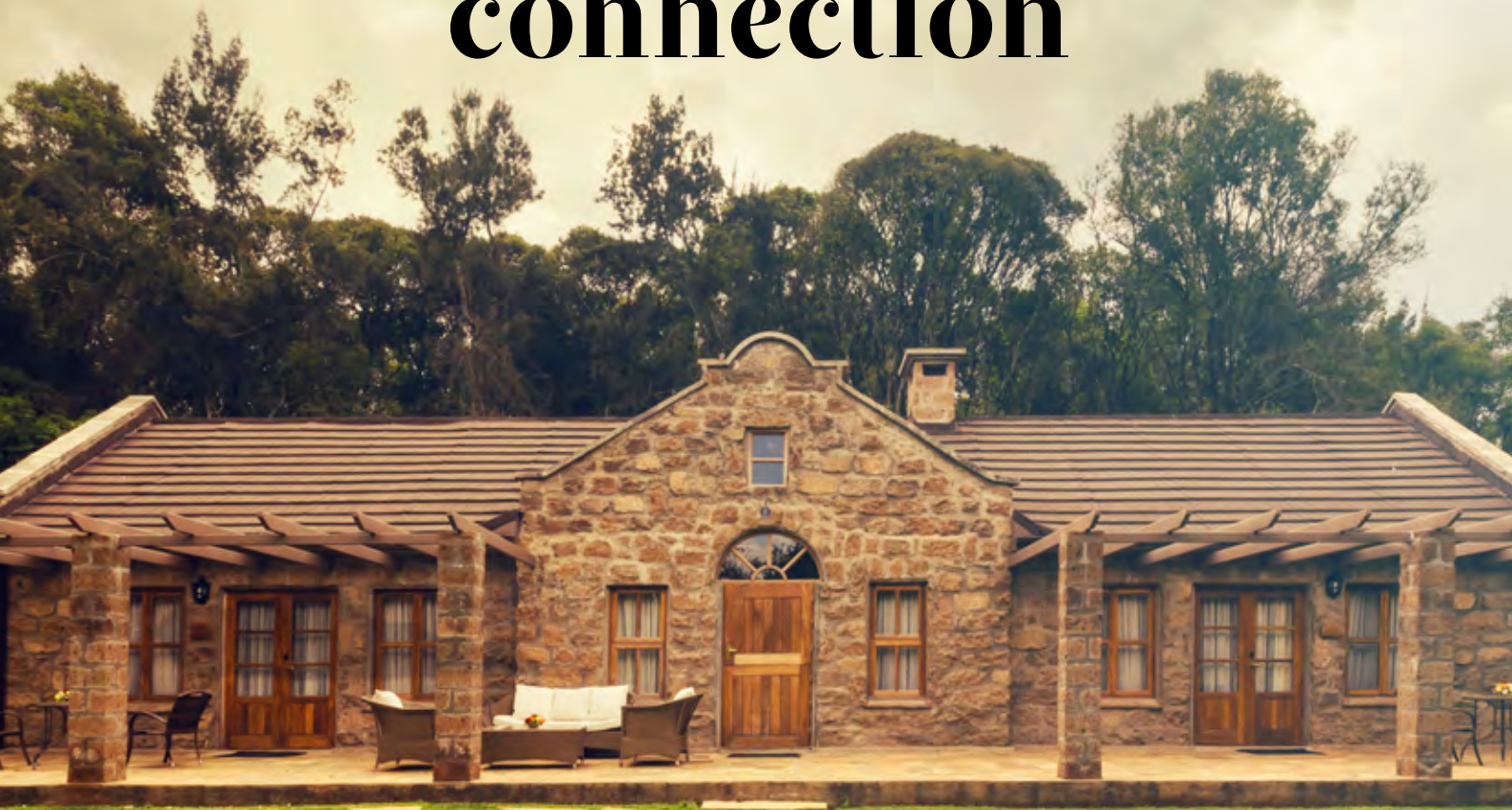
A KAREN COUNTRY CLUB PUBLICATION

FEBRUARY 2018

club

THE

connection



Members Valentine's Gateway

Enjoy a Serene, Romantic Valentine's Weekend

One night stay at to our deluxe suites with special turn-down
(chocolate dips) only at 21,500/-per couple

WHAT'S ON Inside this issue

**General
Manager's Note**
Page 02

Operations
Page 03

Golf
Page 04

Membership
Page 08

Bowls
Page 10

Tennis
Page 11

Hiking
Page 12

The Residences
Page 14

**Valentine's
Dinner**
Page 16

**Karen Country Club,
PO Box 24816-00502,
Karen, Nairobi**

t. 0722 204431
0733 606950

email:
gmsecretary@karen.or.ke

www.karencountryclub.org

General Manager's Note

Dear Members,

After the hectic events of December 2017, the new year has started rather quietly giving us all an opportunity to get a much-needed breather.

The social calendar begins in earnest in February with a sumptuous romantic Valentines dinner on the 14th, please make your reservations through reception@karen.or.ke. EABL have generously provided a bottle of Baileys liqueur for every lady guest.

The Bustani refurbishment is nearing completion with all restaurant and garden furniture in place. Some attention will now be paid to the ceiling and lighting in the restaurant to give it that brighter look.

The upstairs Verandah Project works will commence towards beginning of February 2018. This will necessitate closure of some sections of the Bustani and Fairways Restaurants, Main and Cocktail Bars and the lawn to facilitate the works. Access to the Sundowner Bar will also be affected. A circular will be issued to members advising in more detail what is to be expected during the three months, or so, of construction.

Reports from the main gate indicate that a few members refuse to use their cards to open the barrier and bully the guards into opening it for them, despite having their cards on their person which they then use in the club house. These rules are not frivolous and have been enacted for the security and wellbeing of all members. Please note that this errant behavior will not be accepted and going forward these members will be denied access and may face further sanction from the Board.

Once again, we would like to remind all members to acquaint themselves with the Club Bye-Laws in order to ensure that we are all in line with our club values and culture.

Sam Mwai
General Manager



PLATINUM

Perfectly in tune with your lifestyle

Regulated by the Central Bank of Kenya



www.kcbbankgroup.com



SMS: 22522



+254 (020) 440 0493 / 494 or 0790 499 421



RiversideAdvantage@kcb.co.ke



Operations

SPONSORSHIP

Thank
you



January Sponsors

Heritage Insurance Co.
Have sponsored the January Mug for 39 years

Gems Cambridge International School

British Legion (Askaris)

Kongonis Cricket Club

Gazibo Hospitality

Kiran



ADVERTISE

Newsletter Advertising



Take your company to great heights, advertise on our monthly newsletter. For more information, contact Rachael Mwai.

email. gmsecretary@karen.or.ke

DID YOU KNOW



Avid or Occasional Reader, there's something for EVERYONE!

Subscribed to our library at
library@karen.or.ke

UPCOMING EVENTS

M E M B E R S

Valentine's
GETAWAY

FEB AT A GLANCE

Wed 14th
Valentine's Dinner

Sun 18th
Book Club:
The Hammer of Eden by Ken Follett

Thu 22nd
Jazz Night

Sat 24th
Kereita Cave & Water
Fall Hike plus 750M
Ziplining Experience

TBC
iMentor Talk



Valentine's
MARKET FAIR

♥ 11 SUN ♥
02 / 2018

VENUE: DIRECTORS PARKING | TIME: 10AM - 6PM
ENTRANCE FREE!

Golf

Men's Golf



The year has started off quickly with a number of competitions and good scores following the holiday season. In January, we've already had The First Captain's Quaich and Eric Seex Also Ran, The Eclectic and GOTY Awards for 2017, and the January Mug. Some familiar names at the top of the leaderboard, as well as some new names taking home prizes in some very closely contested competitions.

In the First Captain's Quaich was won by John Mutakaa with a solid 69 Nett, who beat out Mike King'ori who shot a 71 Nett and Max Kahende who came in with a 72 Nett. In the Eric Seex Also Ran, Ricky Kianga, Mike Mugasa, and James Ngotho all had 41 points. This was settled after count back with Ricky taking the winners prize. We will have to have a quick review all of their handicaps! Our Junior winner was Mugambi Kimathi with 31 points. I'm sure he'll be challenging his father soon, if he's not already doing so.

In the Eclectic and GOTY, the cream rose to the top. Our Nett Winner was Chris Everard with a 53 Nett edging out J.S. Bamrah who had a 55 Nett. The Gross winner was a battle of past captains, with our recent past captain, Anthony Mogere (60 Gross) beating out our immediate past captain, Clive Davis (61 Gross) by a stroke. The Golfer of the Year Winner was "The General", Peter Waweru with 61 points, beating out Wilfred and Owino who had 41 points. Some really good golf being played.

Finally, the January Mug was sponsored generously by Heritage Insurance. Heritage has been a part of the Karen Club as a sponsor and more since 1979, almost 30 years. We appreciate the continued support from one of our oldest sponsors. Division A was won after count back with both Peter Waweru and Robert Keter shooting 71 Nett, and Peter taking with winners mug.

The gross winner was Emmanuel Agengo who shot a solid 78 Gross. In Division B, Isaac Githuthu shot a strong 70 Nett to win by 3 strokes over Peter Githae (73 Nett). And in Division C, Vianney Rusagara shot a solid 40 points to beat Ken Muiga after count back. Our seniors winner with Paul Njorooge with 39 pts and our Junior winner was Njukia Kihara with 24 points.

First Captain's Quaich & Eric Seex Also Ran

First Captain's Quaich

Winner	John Mutakaa	69 Nett
Runners-up	Mike King'ori	71 Nett
Third	Max Kahende	72 Nett
Best 1st Nine	Peter Waweru	36.00 Nett Acb
Best 2nd Nine	Joe Sang	33.00 Nett Acb

Eric Seex Also Run

(Subsidiary for the First Captain's Quaich)

Winner	Ricky Kianga	41pts Acb
Runner-up	Mike Mugasa	41pts Acb
Third	James Ngotho	41pts Acb
Best 1st Nine	David Kiambi	22pts Acb
Best 2nd Nine	Jaap Van Luijk	22pts Acb
Junior winner	Mugambi Kimathi	31pts



▲ First Captain's Quaich Winner John Mutakaa with Anthony Mogere



▲ First Captain's Quaich Runner-up Mike King'ori



▲ Eric Seex Also Ran Winner Ricky Kianga



▲ Eric Seex Also Ran Junior Winner Mugambi Kimathi

Eclectic Gross and Nett Awards for 2017

Winner	Anthony Mogere	60 Gross
Runners-up	Clive Davis	61 Gross
Winner	Chris Everard	53 Nett
Runner-up	J.S. Bamrah	55 Nett



▲ Golfer of the Year Peter Waweru with the Chairman Lawrence Kiambi



▲ Eclectic Gross Runner-up Clive Davis



▲ Eclectic Nett Winner Chris Everard

Golfer of the Year 2017

Winner	Peter Waweru	61pts Acb
Runners-up	Wilfred Ngaruiya	41pts Acb
Third	Owino Ayodo	41pts Acb

January Mug SPONSORED BY HERITAGE INSURANCE COMPANY

Winner	Emmanuel Agengo	78 Gross
---------------	-----------------	----------

Div. A

Winner	Peter Waweru	71 Nett Acb
Runner-up	Robert Keter	71 Nett Acb
Best 1st Nine	Ricky Kianga	33.50 Nett
Best 2nd Nine	F. G. Kariuki	33.00 Nett

Div. B

Winner	Isaac Githuthu	70 Nett Acb
Runner-up	Peter Githae	73 Nett Acb
Best 1st Nine	Henry Maina	35.50 Nett
Best 2nd Nine	David Tyrrell	32.00 Nett

Div. C

Winner	Vianney Rusagara	40pts Acb
Runner-up	Ken Muiga	40 Acb
Best 1st Nine	Peter I. Kamau	21pts
Best 2nd Nine	Humphrey Mutai	21pts Acb

Seniors

Winner	Paul K. Njoroge	40pts Acb
---------------	-----------------	-----------

Junior Winner	Njukia Kihara	24pts
----------------------	---------------	-------

Guest Winner	Linus K'Owiti	39pts
---------------------	---------------	-------

Guest Runner Up	J. K. Maigua	38pts
------------------------	--------------	-------



▲ January Mug Gross Winner Emmanuel Ageng'o with Beatrice Hiuu



▲ January Mug Div. A Runner-up Robert Keter with Albert Ngunjiri



▲ Div. B winner Isaac Githuthu



Div. C Winner Vianney Rusagara with Luke Magambo ▶

Ladies Golf



Happy 2018 to all at Karen Golf and Country Club. Here is hoping that 2018 will be happy, healthy and see you all winning a major - or at least the odd Stableford or two!

We have seen the odd drop of rain or two in January which has been most welcome but not for those who were playing in it. The first Ladies Medal of 2018 kindly sponsored by Gazibo Hospitality (Jimmy and Liz Kimondo) saw such an occurrence though the sun very kindly came out after a short time and some great golf was played. Margareta Gram, well what can we say apart from did you have a quiet and sober Christmas?? Margareta had a fantastic round of golf reducing her single figure handicap from 9 to 7. Margareta not only won the lowest gross, the putting prize but also the Silver Division by some margin. Well done indeed. Grace Gichuki came 2nd with nett 70 and

3rd was Pettie Ndolo with nett 71. All three ladies played well under the CSS of 74. Well played. In the Bronze division Rael Munoru played a nett 71 winning by 5 clear shots from Miriam Chege 2nd and Gathoni Kanyago 3rd after count back.

The Stroke Index of the course is currently being reviewed and we are likely to see a number of changes. The 14th Par 3 surely (please please) cannot remain stroke index 18. Short and in the bunker, shorter again and in the water, too big and in the trees, land on the green too far and in that naughty bunker at the back and the rest well just pretty bad shots I guess.

The results from the second medal and the Spoon are as follows:-

Medal No. 2 BY GAZIBO HOSPITALITY

Silver

Winner	Margareta Gram	68 Nett
Runner-up	Grace Gichuki	70 Nett
Third	Pettie Ndolo	71 Nett

Bronze

Winner	Rael Munoru	71 Nett
Runner-up	Miriam Chege	76 Nett Acb
Third	Gathoni Kanyago	76 Nett Acb

Best 1st Nine	Susan Kasinga	34.50
Best 2nd Nine	Rose Mambo	32.50

Guest Winner	Margareta Gram	77 Gross
Putting Winner	Margareta Gram	77 Gross
Guest Winner	Mike Kingori	70 Nett

Beginner Winner	Milkah Kamere	60 Gross (9 Holes)
------------------------	---------------	--------------------

Spoon BY KIRAN

Winner	Michelle Kanaiya, Rosemary Dolan & Alexandra Pike	77 Pts acb
Runner-up	Linda Guarino, Rose Njendu & Alice Kariuki	77 Pts acb
Third	Carol Onsando, Nellie Ayodo & Eunice Koome	77 Pts acb



▲ Spoon Winner Alexandra Pike with the sponsor Kiran



▲ Spoon Runners-up Alice Kariuki, Linda Guarino & Rose Njendu



▲ Spoon Third Nellie Ayodo & Eunice Koome



▲ Medal No. 2 Silver Winner Margareta Gram with sponsor Liz Kimondo



▲ Medal No. 2 Silver Runner-up Grace Gichuki



▲ Medal No. 2 Bronze Winner Rael Munoru



▲ Medal No. 2 Bronze Runner-up Miriam Chege



▲ Medal No. 2 Beginner Winner Milcah Kamere

Monthly Lottery Prize Winners
★ November 2017 ★

5,000.00
GEOF COLLIE
A/C No. 1978

12,000.00
JOHN KURIA KARIUKI
A/C No. 4000

5,000.00
MATTHEW OHANGA
A/C No. 5488

18,000.00
MICHAEL KIRUMBA NGUGI
A/C No. 5268

35,000.00
KATHERINE HANRAHAN
A/C No. 3349
★★★

Monthly Lottery Prize Winners
★ December 2017 ★

5,000.00
ANDY RICHARD TOWNSEND
A/C No. 1978

12,000.00
PHILIP LOPOKOIYIT
A/C No. 4407

5,000.00
JOHN E LOWE
A/C No. 4416

18,000.00
NEIL CUTHBERT
A/C No. 2115

35,000.00
VERNON JOHN AYTON
A/C No. 1161
★★★

Membership

New Members GOING THROUGH BALLOTING



CANDIDATES	PROPOSER	SECONDER
Mr. Sydney and Mrs. Laura Wafula	Joseph Sitati	Anthony Ngatiari
Mr. Eric & Mrs. Serah Jaoko	Don Riaroh	Joseph Sitati
Miss Pauline Macharia	Njoki Mwhia	Sally Karago
Miss Michelle Njoroge (Jnr)	Mary Mugwanja	Jackie Malomba
Ms. Wanjiku Kimamo	Eunice Maranya	Rose Musau
Mr. Jason & Mrs. Mariah Mosomi	Charles Ongwae	Laban Omangi
Mr. Thomas & Mrs. Vanessa Mallinson	Cor Roest	Benjamin Woodhams
Mrs. Petrina & Mr. Daniel Barton	Lau Larsen	Ken Killian
Miss Angela Chege	Miriam Chege	Joyce Ndirangu
Ms. Anne Naisho	Grace Gichuki	Irene Migwi
Mr. David & Mrs. Yolanda Knopp	Patrick Ogola	Wolfgang Omondi
Mrs. Neddy & Mr. Geoffrey Makundah	Steven Kialah	James Oduol
Mr. John & Mrs. Valentine Kinyangi	Duncan Owuor	Danny Mucira
Mr. Moses & Mrs. Peninah Kimani	Moses Kiboi	Marianne Kilonzi
Mrs. Irene & Mr. Stanley Mumo	Sarah Migwi	Sylvia Vito
Miss Catherine Mputhia	Sebastian Mwarania	Jane Mputhia
Mrs. Teresia & Mr. Andrew Chepkonga	Collins Ojiambo	Catherine Mwikali
Mrs. Grace Magunga	John Simba	Chacha Odera
Mr. Anthony & Mrs. Christine Muraya	David Machua	Julius Irimu
Mrs. Nyawira & Mr. Nelson Chek	Samantha Kipury	Mukami Kipury
Miss Jordyan Corcoran	Michael Cheffings	Lesley Webb
Mr. Bradlee & Mrs. Sherone Wolfenden	Wade Kilburn	Jeremy Holley
Miss Angela Gichuki	Patrick Muchena	Hellen Njehia
Mr. Timothy & Mrs. Jemimah Wainaina	Ngari Karuthiru	Anthony Mulinge
Miss Victoria Mwangi	James Mwangi	Nyambura Musyimi
Mr. Letoya & Mrs. Imali Mbuthia	Pamella Sittoni	Kennedy Kubasu
Ms. Yvonne Connah (Joining Spouse)	Nigel Smith	
Mrs. Louise & Mr. Swavel Mankowsky	Kihara Mbugua	Hellen Wanjiku
Ms. Magdalene Migunda	Monicah Kihia	Jennifer Ruturi
Mr. Collins & Mrs. Carolyne Adipo	Kennedy Nyakomitta	S. A. Mwai
Mr. Bernard & Mrs. Anne Gachuri	Francis Gachuri	Esther Gachuri
Ms. Angela Nyamu (Joining Spouse)	Daniel Gaiti	
Ms. Monica Juma & Mr. Peter Kagwanja	Njoki Waiganjo	Anthony Murage
Mr. Frank Comtesse	Gilbert Obondi	David Kiambi
Miss Eucabeth Kidenda (Jnr)	Meshack Kidenda	Maryclare Kidenda
Mr. Trevor Kibet (Jnr)	Sammy Langat	Rosebella Langat

NEW MEMBERS ELECTED JAN 2018



Mr. Collins & Mrs. Rebecca Juma

Mr. Mathew & Mrs. Julia Fryer

Dr. Anthony & Mrs. Wanuri Gikonyo

Mr. Jean-Baptiste & Mrs. Naoko Blanc

Mr. Stephen & Mrs. Nyawira Mwithi

Mr. Moses & Mrs. Rizichi Mwangi

Mr. William & Mrs. Rose Maema

Mr. Robert & Mrs. Janice Barnes

Mr. Urbanus & Mrs. Stella Musinga

Mrs. Ann Sutcliffe

Mr. Daniel Njoroge

Mr. Karanja Gichiri

Mr. John Isaboke (Jnr)

Mr. Kenneth Rono (Jnr)

Mr. Ian Karanja (Jnr)

Resigned



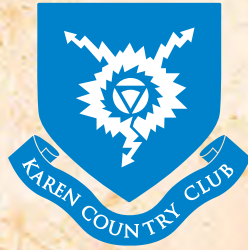
Mr. Ian Stamp

Mr. Jonathan Leakey

Mr. Kevin & Mrs. Janina Hughes

Miss Heather Cuthbert

www.eabl.com



Cocktails & Jazz

Featuring:
Mwai & The Truth Band

Date: Thursday 22nd February 2018

Venue: Karen Country Club

Time: 6:00pm Onwards



BULLEIT BOURBON
FRONTIER WHISKEY

TEQUILA
Don Julio

Reel One
VODKA

Tanqueray

JOHNNIE WALKER
KEEP WALKING



DO NOT FORWARD TO PERSONS UNDER 18 YEARS
EXCESSIVE ALCOHOL CONSUMPTION IS HARMFUL TO YOUR HEALTH.
STRICTLY NOT FOR SALE TO PERSONS UNDER THE AGE OF 18 YEARS



Bowls

Congratulations!

Well done to Mark Charleson, Steve Foster and Marie Wright on winning the Karen Club Trips Competition held on the 20th January 2018 (seen here being presented with their trophy by Alison Foster (Bowls Section Secretary)).

The competition was keenly fought with some excellent play by all concerned.



▲ Mark Charleson, Steve Foster and Marie Wright being presented with their Karen Club Trips Competition trophy by Alison Foster (Bowls Section Secretary)

New Bowler – Buddy System

For anybody who is thinking about giving Bowls a try but is worried that they won't know what to do, where to be etc., Karen Bowls Section has a Bowler Buddy system where one of our friendly members will be on hand, for as long as you need, to help you through the early stages and ensure there is always someone you know to answer any questions and guide you through the process of learning to bowl. Contact Steve Foster Bowls Captain, for more information stefoster.uk@gmail.com.

If you fancy having a go at bowling we have "Social Bowling", just for fun, on Saturday afternoons starting at 2:00pm and on Sunday mornings starting at 10:00am, with an active Tuesday morning session from 09:45am or on a Thursday afternoon from 2.15pm for those with a spare morning or afternoon mid-week but you can come along

and bowl any time that suits if you just want to practice or hone your skills – we have a full range of Bowls section-owned "woods" that you can borrow – all you need are flat shoes (or bare feet!) when you are on the Green and Joseph or Benson, our Greenkeepers will be very happy to show you how it is done.

It's not just Bowls you know

We also have a growing and enthusiastic Croquet section with a regular Croquet session every Thursday afternoon from 4pm – come over and find out more – a great way to spend a couple of hours in the warm sunshine ... before a cold beer or a glass of wine!

Steve Foster
Bowls Captain

BOWLING GREENS

HOURS

TUESDAY:	9:45am start
THURSDAY:	2:15pm start
SATURDAY:	2:00pm start
SUNDAY:	10:00am start

Tennis

The New Year has started well for the tennis players and looking even better. In the next month we are finishing the refurbishment of the pavilion and outside area by providing new cushions for all the chairs, repainting the pavilion and finally, the grass area overlooking court no 4, will have a sail above it to allow better watching!

The Karen Open International Tennis Tournament was so successful that we realised that more seating should be provided for all spectators and in order for us to have this annual event, we will be purchasing a better roller, new murrum to assist.

We are pleased that members have come together in groups of 4 on particular days of the week, to enjoy tennis. Interested individuals and corporates willing to partner with the tennis section in sponsorship are invited, to make our tournaments a success.

Heather Boustead
Tennis Captain

Tennis Tournaments & Junior Camps 2018 CALENDAR

February

13th-19th Mid-Term Tennis Camp
Sat 24th Divorce Courts/ Dick's Day
followed by Dinner Dance

April

Wed 4th Junior Mix-In Competition
**26th-31st Mar &
2nd-6th Apr** Junior Tennis Camp

May

Sun 13th Wilson Cup at Karen
Sat 26th Junior Tournament

June

Sun 3rd Roland Garros
18th - 23rd Midterm Junior Camp

July

Sun 15th Wimbledon
Sun 29th Junior Tournament(U6,8,10,12)

August

**6th-10th &
13th- 17th** Junior Camp

September

22nd & 23rd Herring Cup at Muthaiga

October

15th - 19th Junior Mid-Term Camp
24th Oct - 7th Nov Karen Closed
Championship

November

Sat 24th Junior Tournament
(U6,8,10,12)

December

**Sat 1st
9th-17th** Christmas Dinner Dance
Karen Open Tennis
Championship



SPORTS
AT KAREN

Contact: sports@karen.or.ke

BOWLING
CROQUET
SQUASH
TENNIS
FOOTBALL

Hiking

Did you know that we have a hiking & Adventure club at Karen Country Club, hiking hills and mountains monthly? Join the club by calling 0726568920 and be part of this experience. Our next hike will be at Kereita cave and water fall plus ziplining on Saturday 24th February 2018. Find photos of our last hike.



Benefits of Hiking

- Improved cardio-respiratory fitness (heart, lungs, blood vessels)
- Improved muscular fitness
- Lower risk of coronary heart disease and stroke
- Lower risk of high blood pressure and type 2 diabetes
- Lower risk of high cholesterol and triglycerides
- Lower risk of colon and breast cancer, and possibly lung and endometrial cancer
- Increased bone density or a slower loss of density
- Reduced depression and better-quality sleep
- Lower risk of early death (*If you are active for 7 hours a week, your risk of dying early is 40% lower than someone active for less than 30 minutes a week.*)
- Weight control; hiking burns up 370 calories an hour (154-lb person)

Sports

MARCH - APRIL CALENDAR

Open Soccer 7 - Aside Tournament

Fri 30th March 2018

Lots of prizes to be won.

Get a team of 10 and register through sports@karen.or.ke

Family Fun Day

Sat 14th April 2018

Junior Sports Camp

Mon 2nd - Fri 20th April 2018

Swimming gala

Sat 21st April 2018

For all the above activities, you are encouraged to bring your friends along.

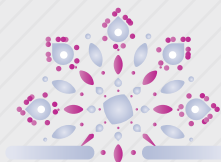


SPORTS SPONSORSHIP

Individual and Corporate Sponsors are welcome.

For more information contact us: sports@karen.or.ke





IMARI
NAIL BAR

Gift Voucher

PREPARE TO BE PAMPERED

NOW AVAILABLE

STARTING FROM
1000/-

Contact

Call 0722 204431 | 0733 606950
or e.mail gymreception@karen.Or.Ke

Hours Of Operation:

Weekdays, Weekends & Holidays: 8:00am - 7:00pm

Valentine's
SPECIAL OFFER



Treat yourselves to a relaxing treatment to heal your body,
calm your mind, and lift your spirit.

LADIES: TRANQUILITY RITUAL

Total time: 2hr 30 min

Price: Ksh.5,850

GENTLEMEN: BODY SCRUB + HOT STONE MASSAGE COMBO

Total time: 1hr 30 min

Price: Ksh. 5,500

BOOK TODAY: gymreception@karen.or.ke

THE *Residences*
AT KAREN



A Child Of Luxury
BY JACKSON BIKO

I wake up to silence. That noisy silence. That deep almost unsettling silence that something is happening or is about to happen. Only that nothing is happening, and nothing is about to happen apart from the sun lighting up the closed curtains. I'm in bed, buried in the mounds of fluffiness, deep in the very flesh of comfort. This is what my friend, Opish, calls being "the child of luxury." "Oi, Biko, last night I was a complete child of luxury."

I swing off the bed, walk barefoot to the massive doors that lead to the terrace and I draw them with one sweep, like a matador with his red cloth. There is no enraged bull but there is the sun who hurls herself at me like a lover at an Arrivals terminal. It's warm and soothing and needy. Like it wants approval. So I draw open the sliding doors and I close my eyes to appease her. I feel her on my face and on

my whole body because I sleep naked and I'm standing at this large doorway that leads onto the balcony. When I open my eyes I'm assaulted by the greens...not dollars, just rolling greens of the golf course. It's so green it seems like someone seeking validation stayed up the whole night painting it with long sure strokes. Someone who understands his green.

There are some early birds golfing already. I later learn that that is the second hole. I can never tell the 4th hole apart from a hole in the sky. I don't know if it's teeing off or what terminology to use, but they are there hunched over a small ball, caps sticking out over their faces. Golfers. I don't understand the game, neither do I understand the gamers, but what impresses me most is their patience to be at the course for hours, swinging and chatting and walking



and swinging and chatting and sipping water and eating a banana and swinging and peering off into the distance like they are Vasco Da gama and saying things like, “There, look at that baby fly.” At least that’s what I imagine golfers say when their ball fly through the air.

I bet if they looked up they might see a naked man staring from a balcony of The Residence at Karen, Country Club’s newest baby, a luxurious outpost and a perfect getaway for golfers when they want to decompress. It’s as cosy and small and intimate as it sounds like; six, two bedroom cottages and 12 apartment suites. It’s built in the forested area of the country club, and thus the silence. At 80 years, this sounds like a great feather in the cap of Karen Country Club.

I pad back to my closet and fetch a bathrobe. Yeah, we don’t want a member calling the club saying, “Uhm, I don’t know if its my sugar levels acting up, but could you kindly check if there is a strong naked man standing in one of the balconies of the Residence? He is affecting my swing.” I make a cup of coffee in the kitchenette adjacent (I’m in the apartment room, but they also have a cottage room, a deluxe suite, and a two-bedroomed cottage), then settle at the balcony with my Kindle. Outside, the green seems to birth more green as the sun shines on it. I can smell the grass and the leaves of the trees on the periphery of the green. I dive into my book, occasionally looking up to make sure that I’m not dreaming. Once in awhile I hear a golf cart, sounds of laughter coming from the greens like sounds of hounds laughing in a distant land, otherwise it’s birds. Silence is the greatest luxury.

After an hour of reading about a French author who is broke and hungry and can’t get a publisher to publish him, I start feeling, not only his hunger, but mine too. So I walk

in, pick up the phone and dial o. “Yes, beef bacon, orange juice, toast and fried eggs, well done....yes....that will be fine, yes, thank you....wait, can I also have a sausage...

no, just one....but split it open and fry it until it’s dry and crisp and almost charred....no, that’s how I like it, do you think I’m weird? My friends agree that I am....no?...aww, thank you, you are very kind. How long will that breakfast be?...Perfect....no, thank you. Oh, by the way, did anyone call about a naked man on the balcony?...no, never mind. Thank you so much.”

Then I go back to Paris and to the struggles of a man of letters.

The Residence at Karen is a perfect getaway if you like silence and if you like luxury and if you like to hear the sound of your own thoughts. The view for me takes the biscuit, because everybody can make a mean bed and prop up a nice pillow and offer hot shower. But not everybody can offer that view. It’s magnificent. It’s unreplicated. It’s unrivaled. It’s supreme. It turns all of us into children of luxury.

Hang on, it’s the doorbell, that must be my breakfast. They better have split my sausage in two and charred it or I will walk naked to the kitchen and do it myself.





18+

Valentines Dinner

**Live Jazz Saxophonist and a
Sumptuous 5 Course Meal**

Date: Wednesday 14th February 2018

Time: 7:00pm

Cost: 9,500/- per couple inclusive of taxes

Call Reception: 0722 204 431

Email: reception@karen.or.ke

Complimentary Baileys Bottle For The Ladies



DO NOT FORWARD TO PERSONS UNDER 18 YEARS

EXCESSIVE ALCOHOL CONSUMPTION IS HARMFUL TO YOUR HEALTH. STRICTLY NOT FOR SALE TO PERSONS UNDER THE AGE OF 18 YEARS

